



Core Values Monthly



December 2024



Avista



It is December 2024.



Our core value of the month is Creativity.

Here's what Creativity means to us.



My name is Paul Buckley.

I am from Tipperary.

Creativity is using my skills to make cards and frames.

I make these with my peers in Anusha.

I also make crafts in art class.

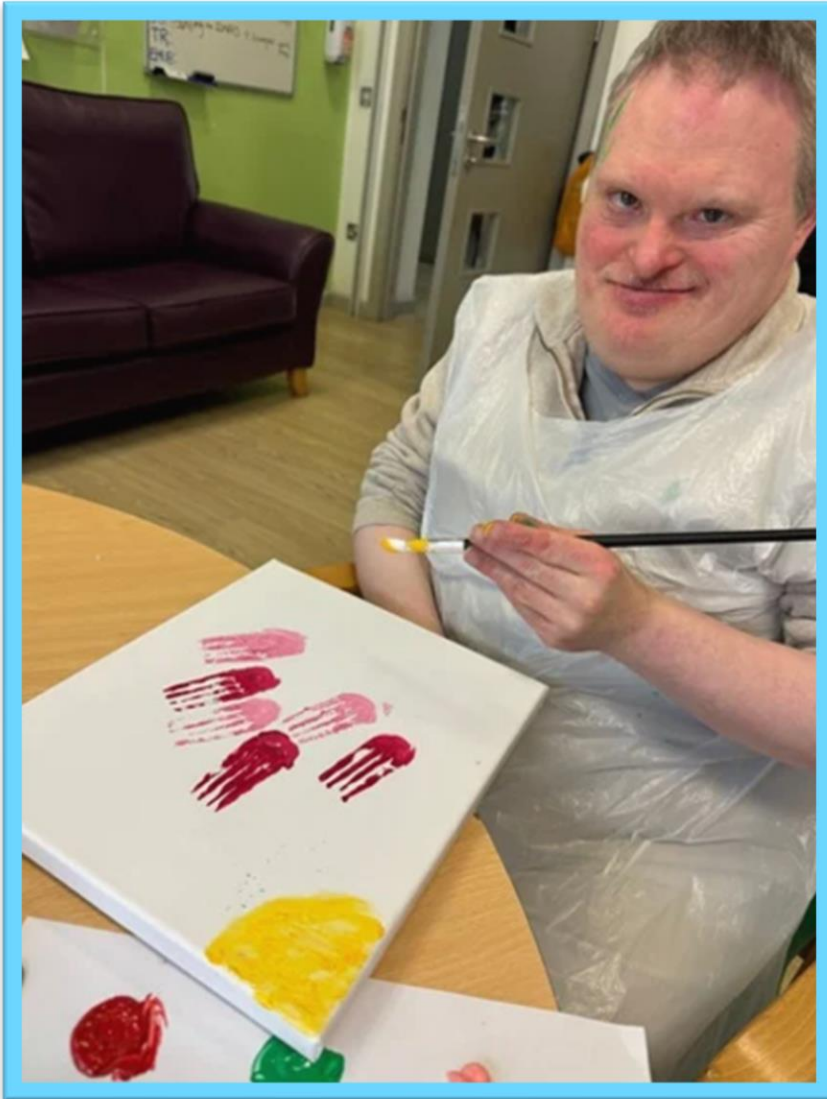


My name is Chris O'Shea.

I work in St Louise's.

Creativity is being able to change things when you need to.

Creativity is thinking on your feet.



My name is James Glover.

I go to day supports in Blakestown,
Dublin.

Creativity is turning my ideas into real
life things.



My name is Thereze Oliver.

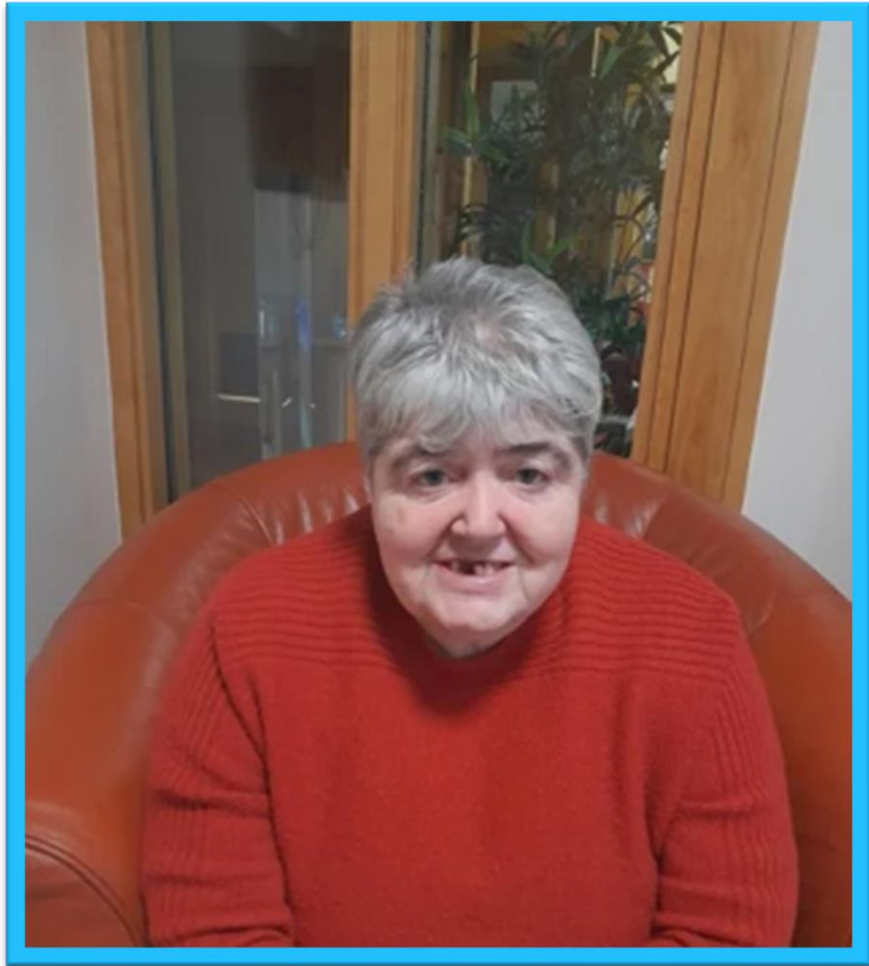
I work as the Quality of Life Co-Ordinator.

Creativity is thinking outside of the box.

It is doing things different ways.

It is thinking, talking and sharing ideas.

Creativity is being open.



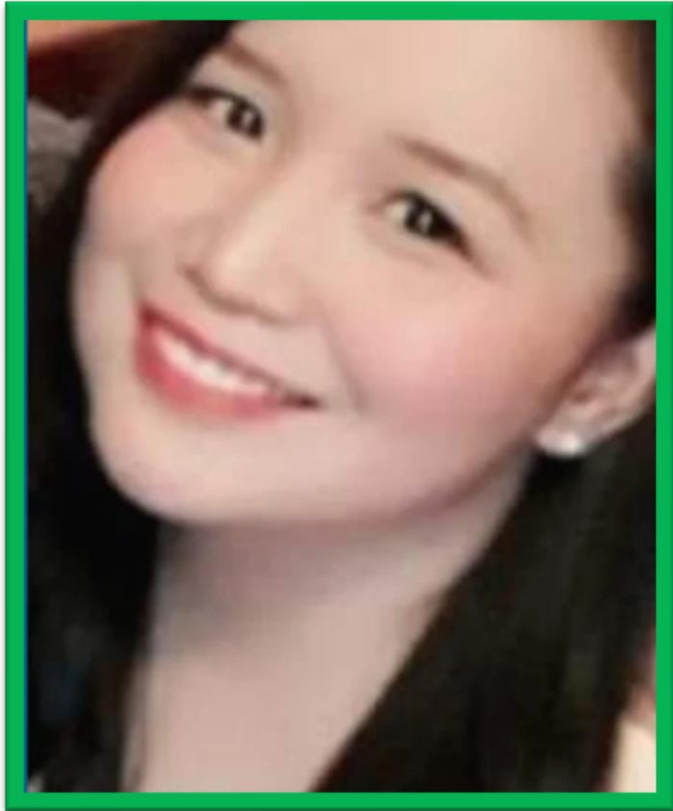
My name is Linda Maloney.

I live in St Louise's Dublin.

Creativity is singing.

I am in the choir. We are singing at the Christmas concert.

I am looking forward to singing You Better Watch Out and Silent Night.



My name is Mylene Pagsolingan.

I work in Blakestown, Dublin.

Creativity is making your ideas happen in real life.

It is also working out answers to problems.

Last month, our core value of the month was Excellence.

Here are our stories about Excellence in action.

Mary's First Holiday

Mary went on holiday for the first time.

She went to Tipperary and picked where she stayed on Airbnb.

Before her holiday, Mary got her hair done and bought a new suitcase.

She was very excited.

On holidays she went for a lovely meal to the local pub, went to Cahir castle. She also enjoyed being in the mountains.

She enjoyed her first holiday and is looking forward to the next one.



Meagan: the champion of excellence

Meagan Casey goes to the Garvey in Limerick City.

Her peers think she shows excellence all of the time.

She speaks up for others.

She makes sure everyone is treated with respect.

She spoke up for her friend recently when someone was not being nice to them. This is why Meagan is a champion of excellence.



Right to Vote Roadshow Goes to a Conference

There was a HSE conference in Croke park.

At the conference people spoke about different projects they have done.

Lila and Eve presented a poster about the Right to Vote Roadshow.

They told people about how lots of people registered to vote in Avista for the first time at the Roadshow.



Talking About the General Election in Tofa

In Tofa, Dublin, they decided to talk about the General Election.

There was a general election on Friday 29th of November.

People all over Ireland have voted for who they want in government.

The also talked about how to vote and what an election is.

In Tofa, they talked about the different political parties.

They looked through the Electoral Commission Easy to Read on Voting.

Everyone enjoyed the discussion.



Deirdre Kelly is a leader of Excellence

Everyone is Holland road said Deirdre is great at showing excellence.

She is friendly and gets on with everyone.

She loves to get involved in all activities.

She is always on time.

Deirdre is a great friend.

Well done Deirdre for putting excellence into action.



Getting the Gold Gaisce Medal

Katie, Kate and Sarah-Jane from Out and About in Dublin got the Gold Gaisce Medal.

They volunteered in Food Cloud. They collected food left over at the super market. They gave it to a women's shelter.

Katie did a walking challenge.

She learned about cooking and jewellery making.

Katie, Kate and Sarah-Jane went to the Presidents House to get their medals.

They met the president, Michael D Higgins.

They also got lovely food including buns with the medal on them.



Josie shows Excellence through being kind

Everyone in the Tait centre said Josie is excellent.

She is a great friend.

She has a good heart. She always tries to help others. She is kind.

She is interested in current affairs and the news. She asks good questions.

She is very friendly. She loves talking to people.

She is very welcoming to visitors and is great at showing them around.

She is an excellent ambassador for the Tait.



Thank you for reading

If you would like to be in the core values monthly, please contact Eve.

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