

Core Values Monthly

September 2024



Avista



It is September 2024.

**Our core value of the month is
Collaboration.**

Here's what Collaboration means to us.



My name is Fiona Highland.

I am from Hollystown, Dublin.

Collaboration happens living with other people.

We talk to one another. We ask each other how our days went.

I'm very good at listening and I'm interested in people.

I get on terrible well with Sinead! **Avista**



My name is Kelsey Fitzsimons.

I am the EHUB Administrator.

Collaboration means working together.

Collaboration is when we come together to achieve a goal.

Coming together with different skills and personalities help us do things we wouldn't be able to do on our own.



My name is L.J. Ryan.

I am from Mulhuddart, Dublin.

I really enjoy chatting to people and getting to know them. I like talking to the people in my day service.

My friends are really important to me.

Collaboration is being part of a team and working together with my friends.

I play bocce and enjoy working with my team.

Avista



My name is Catherine Linden.

I am the Residential Service Manager in Tipperary and Offaly.

In Avista I could not do my job if I did not get help from everyone.

I get help from people across Avista.

When we share problems they are easier to solve.

When we share successes we can learn together.



My name is Veronica Joyce.

I am from Limerick.

Collaboration is planning trips and events with my friends.

I made plans with CRS and my keyworkers at my PCP meeting.

The plans were for my 65th birthday party.

I am very excited about it. Everyone is invited to the Castletroy Park Hotel for Drinks and a Dance.

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My name is Caroline Hickey.

I work in St Vincent's, Dublin as Household Staff.

Collaboration is supporting people. It is being friendly.

I talk to everyone. I say good morning and have a smile on my face.

We all have good and bad days. It's important to work together and support each other.

Avista

Last month, our core value of the month was Service.

Here are our stories about Service in action.

Making Sure Our Services Work for Us

The Nothing About Me Without Me group went to their local bank.

They said being able to go to the bank and manage their money was important.

The group checked if they could get into the bank.

They checked if they could reach the ATMs.

The staff in the bank gave them a tour.



Canoe Guess What We Got Up To?



A group of people went canoeing in Dublin.

Lots of people got together to make this great day happen.

They were from Dublin Sports inclusion and Integration, Dublin City Council & Wellbeing Partnership and Carmen from Avista.

Everyone had a blast as they glided and paddled along the water.

The Lads Trip to the Guinness Store House

There is a Ladies Club in Phoenix View. They have one rule – ladies only.

The men in Phoenix View organised a 'Lads Only' Trip.

They went to the Guinness Storehouse.

They had a great day.

They enjoyed the tour and the pint of Guinness Zero at the end.

It was a brilliant day for the Lads.



A Friendly New Face in Carrig Stores!

My support staff helped me to get a job.

I got a job in my local area.

I am a shop assistant in Carrig Stores.

In my job I stock the shelves and pack boxes for recycling.

My job is paid. This makes me very happy and makes me feel very independent.



Living My Life to the Full

My name is Jennifer Kelly.

I live in Carrowkeel, Limerick.

Service is being listened to and being supported to live my life to its fullest.

I enjoy going to the hairdressers, having coffee out, horse riding, going to garden centres, cookery classes and walking.

I will begin Art Classes in Cappamore College of Further Education in September.



How the 'Boys' in Rosewood Direct their Week

The 'Boys' in Rosewood, pick what they want to do every week.

They all like doing different things. Sometimes they do things together.

They put their plan for the week on the whiteboard. Then they link one of the 12 pillars of support from New Directions to each activity.

Francis said he is doing lots of great things over the next month.

He is going to see Nathan Carter, going to the Ireland v Greece football match and going to MATCODE events as the Irish ambassador.



An Amazing Update from Darragh

Darragh was in the Newsletter in July.

He talked about how he studied Childcare in college.

Darragh got his FETAC level 5 and 6 in Childcare. In July, he was starting to look for a job.

He has great news.

He got a job in a Childcare Centre. He is starting his new job next week.

Well done Darragh!



Thank you for reading

If you would like to be in the core values monthly, please contact Eve.

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