

Core Values Monthly

September 2024

Collaboration



**Our value of the month is collaboration.
Here's what collaboration means to us.**



Fiona Highland
Hollystown, Dublin

Collaboration happens living with other people. We talk to one another. We ask each other how our days went. I'm very good at listening and I'm interested in people. I get on terrible well with Sinead!



Kelsey Fitzsimons
EHUB Administrator
Dublin

Collaboration means working together to achieve a common goal. It is people coming together with all different skill sets and personalities to achieve something that would prove difficult solo. It means dividing the tasks and multiplying the success.



Veronica Joyce
Limerick

For me Collaboration is discussing and planning trips and events with my friends. At my recent PCP meeting I made plans with CRS and my keyworkers for my upcoming 65th birthday, which I am very excited about. Everyone is invited to the Castletroy Park Hotel for drinks and a dance.



Catherine Linden
Residential Service Manager
Tipperary & Offaly

Talent wins games but teamwork and intelligence wins championships. In Avista I could not do my job if I did not seek advice and support from everyone across all areas of the service and beyond. Problems shared are easier to solve. Sharing successes creates positive learning for all.



L.J. Ryan
Mulhuddart, Dublin

I really enjoy socialising, chatting and getting to know people, especially within the groups I attend at day service. My friends are really important to me. Collaboration to me is being a part of a team and working together with my friends. I play bocce and really enjoy working in collaboration with my team.



Caroline Hickey
Household Staff
St Vincents, Dublin

Collaboration is supporting people, helping them by leading them in the right direction, and being friendly. I talk to everyone - I say good morning, and have a smile on my face. We all have our good days and bad days, so by being positive and supportive we can help each other along the way.

Thank you to our Dublin correspondent: Orla King

Reflections and celebrations of last month's value: Service

Making Sure Our Services Work for Us - Nothing About Me without Me



The Nothing About Me Without Me Advocacy Group recently went to check the accessibility of a necessary service, a bank. Being able to go into your local branch and manage your money is very important. The group went to a local bank of Ireland branch to test its accessibility. Members of the advocacy group looked at the entrance of the bank, and tested out if the ATMs were useable. The staff in the bank also provided a tour, giving explanations of the different parts and functions of the bank.

Canoe Guess What We Got Up To?

To enjoy the last of the Summer, a group of people went canoeing in Dublin. A range of collaborators got together to organise a fantastic accessible canoeing experience in Dublin. Tess and Mark (Dublin Sports Inclusion and Integration), Michelle (Cabra Sports Officer for Dublin City Council Sport & Wellbeing Partnership) and Carmen (Sports, Leisure & Recreation Coordinator) worked together to arrange a quality day on the water for everyone. As you can see from the photos, everyone had a blast as they glided and paddled along the water.



Reflections and celebrations of last month's value: Service

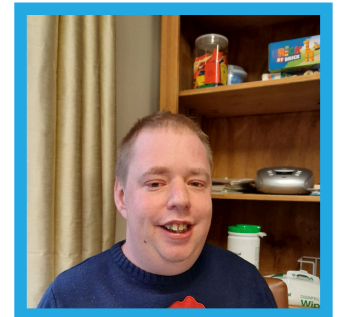
Living My Life to the Fullest



My name is Jennifer Kelly. I live in Carrowkeel, Limerick. Service to me means being actively listened to and supported to live my life to its fullest. I really enjoy activities like going to the hairdressers, having coffee out, horse riding, going to garden centres, cookery classes and walking. I will begin Art Classes in Cappamore College of Further Education in September.

A Friendly New Face in Carrig Stores

My Support staff helped me to access work opportunities in my locality. I am a shop assistant in Carrig Stores. As part of my role I help stock the shelves & pack boxes for recycling. This is paid employment which makes me very happy & maximises my independence.



The Lads Trip to the Guinness Store House

The Ladies Club in Phoenix View Day Supports is a well known group with one main rule - ladies only! In response to this, a few of the men in Phoenix View decided to organise an event just for them. They decided they would like to arrange a Lads Only Trip to the Guinness Store House. They had a fantastic day working their way through the Store House and ending up in the zero gravity bar. They really enjoyed the tour and managed to find time to have a quick pint of Guinness Zero at the end. A brilliant day organised for the lads by the lads!



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Come and share stories, poems and photos about collaboration
on Tuesday 3rd of September on the EHUB at 11am.

Reflections and celebrations of last month's value: Service

How the 'Boynos' in Rosewood Direct their Week

The 'Boynos' in Rosewood pick what they want to do every week. They all have different interests, so they typically get up to different things, but sometimes they go out together. Every month there's a New Direction theme to focus on in day supports. When talking about how they could put this into practice, Lara (left), suggested that when the 'Boynos' choose what they want to do each week, they could link up their activities with the 12 Pillars that they align with. Francis (centre) and Lauren (right) agreed this was a good idea. Francis showed off how this works by sharing his plan



for the week, and showing which activities he does, and what pillar they align with in New Directions. They have the 12 pillars written out individually and laminated. They place the laminated pillar next to the activity it aligns with on the whiteboard. Francis also shared that over the next few weeks, he has some exciting things planned including a Nathan Carter gig, going to the Ireland v Greece match in the Aviva and attending MATCODE events as the national ambassador.

An Amazing Update from Darragh

Remember Darragh? In July, he contributed a story about his perseverance to get his FETAC level 5 and 6 in Childcare. He shared how he works creatively to ensure the individual strengths and interests of children are celebrated. Darragh has some fabulous news! He has been offered a job in a childcare centre and is starting his new role next week. We are delighted for you - well done!



VALUE OF THE MONTH

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COLLABORATION

"Individually, we are one drop. Together, we
are an ocean."



Ryūnosuke Akutagawa