

Core Values Monthly

August 2024



Avista



It is August 2024.

Our core value of the month is Service.

Here's what Service means to us.



My name is Jane Murphy.

I go to TEES, Dublin.

Service is having a job.

I got a new job. I work in St Joseph's Clonsilla. I put food on plates for people.

I collect the plates when they are finished.

I have made new friends at my job.



My name is Lynn Tierney.

I am a Quality and Risk Advisor in Dublin.

Service means making a difference in the world.

Service means supporting people to reach their goals.



My name is Aileen Kavanagh.

I am from The Orchard, Roscrea.

In my service, I go to work in Lidl.

I type up the advocacy minutes. I collect the post. I do literacy classes, and I help with cleaning the Orchard.

I want to keep doing all of these things.



My name is Caroline Shanahan.

I work in Tall Trees in Limerick.

Service is about make people's lives better.

If I know I have supported people well and they are happy, so am I.



My name is John Mulligan.

I am from Blanchardstown, Dublin.

Service is cleaning my home.

I Hoover and mop the floor. I like to keep my house clean and tidy.

I also make sure no one touches the hot cooker.



My name is Donna Boyle.

I am the Staff Learning and Development Coordinator in Dublin.

Service can be doing big things for others but doing smaller things can mean a lot too.

We see the staff at Avista do great things for the people they support and their colleagues.



My name is Eithne Boohan.

I live in Lisnagry, Limerick.

What does service to mean to me?

I love it here, I have a lot of Friends and I feel loved.

Last month, our core value of the month was Respect.

Here are our stories about Respect in action.

Bee-ing Mindful of Bees to Respect Our Environment

The Green Team make things in Avista better for the earth.

They are making places in Avista that are safe for bees.

We need to protect bees. They help flowers and crops grow.

The Green Team made wildflower meadows across Avista. These are safe places for bees. There are signs around Avista showing where they are.

They are in Limerick, Tipperary and Dublin. See if you can find the signs!



Celebrating the Richness of Our Cultures

The Developmental Education Centre (DEC) had a culture day on the 4th of July.

The families of the students came to celebrate.

There were people from more than 13 countries at the Culture Day.

There was a fashion show, a performance and a Ceili called 'Reels on Wheels'.

Students, families and staff had a great time. They got to celebrate and learn about each other's cultures.

The Children's Disability Network Team would like to say thank you to the DEC staff and parents. They made the day so special.



Making Great Spaces for Great People

Having a nice looking building makes people feel respected.

Nearly 100 volunteers came to paint and garden in Phoenix View and the Bungalows.

The volunteers were from the Housing Agency.

They planted pretty flowers in people's gardens.

They painted a beautiful mural in Phoenix View about the Core Values.

Gillian who is in the Ladies Club in Phoenix View said they made cards for the volunteers to say thank you.

Everyone loves the mural. Craig likes the colours a lot.



Growing Together – the Polytunnel in Cluain Glas

Patricia, Paul, John F and John L have worked together in their house.

The got money from the HSE to buy a polytunnel.

This Summer they decided to grow lots of things in the polytunnel.

First, they tidied the beds. Then they planted strawberries, lettuce, scallions, potatoes and flowers.

They all worked together to water the crops and flowers.

By working respectfully together and with the land they have delicious fruit and vegetables to eat together.

Nice work!



Honouring Our Friend with a Big Birthday Bash!

Respecting our friends can mean celebrating them.

Niall turned 50. Everyone knew this was very important to him.

His friends organised a birthday lunch in TGI Fridays.

In his day supports they celebrated with a cake and at home he had another party!

Everyone came together to celebrate Niall's big day. Happy birthday Niall!



A Creative Idea that Started with Respect

In Blakestown, Dublin, David, Shane & Kryzta were getting ready for the Summer Market in St Vincent's Centre, Navan Road.

After thinking about Taylor Swift's concerts, they decided to make bracelets with words on them.

They wanted to make bracelets with the word 'Respect'. It is important to everyone.

Making this bracelet made them think of the other core values. They made more bracelets with all of the core values on them.

They made 99euro selling their bracelets at the market. They want to buy an outdoor projector.

If anyone would like a customised bracelet call Blakestown on 01-6409152.



Respecting Everyone's Voice Through A Celebration

On the 10th of July, Dooradoyle day supports in Limerick had an advocacy celebration day.

They wanted to celebrate respecting everyone's voices and choices.

It was a very sunny day. To celebrate they played sccer, bowling and a bean bag toss.

Everyone wore their county colours. Most people were from Limerick. A few people were from Clare.

Certificates and medals were given out by Saskia Hoen and Catherine McKeogh.

At the end of the day, there was music. Everyone was singing and dancing.



Thank you for reading

If you would like to be in the core values monthly, please contact Eve.

eve.roseingrave@avistaclg.ie

0879608385