# **Core Values Monthly**July 2024



### Respect

#### Our value of the month is respect. Here's what respect means to us.



Alan Clifford Stafford Day Supports Nenagh, Tipperary

Respect is being nice to others.



Noreen Walsh Social Care Worker TEES, Limerick

Respect is active listening, being patient, respecting everyone's opinion and treating everyone equally.



Francis Gleeson & Seamas Hough Ormond Day Supports, Nenagh, Tipperary

We are members of Nenagh Country Market where we sell the cards that we have made in our Day Service in Ormond Resources, Nenagh. Respect is is having the opportunity to be a valued member of our local community and actively participating daily.



Aiden Clarke
Stafford Day Supports
Nenagh, Tipperary

Respect is being kind and treating everyone the way you would like to be treated.



Bridget Farrelly Cavan & St Louise's, Dublin

I feel respected when people listen to what I have to say, for example, like when I want to go swimming or do arts and crafts. I also respect my relationships with my family. I like to talk to my sister on the phone.



**Eoin McGee** Stafford Day Supports Nenagh, Tipperary

Respect to me is being supported to be myself.



Barbara Ann Thompson
Personal Accounts Administrator
St Vincent's Dublin

Respect to me means listening to others' views and treating everyone equal.



**Peter Meskell** TEES, Limerick

I like people to be respectful of my wishesthat means listening to me and accepting me for who I am. Respect is showing good manners and demonstrating kindness on a daily basis. I went to a chocolate factory yesterday and bought a bar of chocolate for all my family.



**Thomas Dawson** Service Manager, Day Supports, North Tipperary & Offaly

I believe respect begins with yourself. Having Self-Respect is loving yourself and treating yourself with care and doing this by staying true to your values. If you respect and value yourself the rest of the world recognises you are someone to be respected. Respect is valuing others opinions/beliefs and being able to appreciate the rights and differences of people even if you don't agree with them.



**John McNieve** Stafford Day Supports Nenagh, Tipperary

Respect for me is others taking time to understand me and my feelings and giving me time to express myself.

#### Reflections and celebrations of last month's value: Creativity

#### Kieran's Plans to be Scarily Creative!

My name is Kieran. My favourite time of the year is October, I love celebrating Halloween. For Halloween this year I am going to organise a Halloween party for all of my friends here in Holland road. I am already looking forward to going to the Halloween shop to look at costumes and Halloween decorations. I enjoy scrapbooking, I am on my second scrap book this year. I colour or print out my favourite Halloween Creepypasta characters and I put them all in my scrapbook.

I also really enjoy watching movies. Some of my favourite movies are Halloween, Scream, Friday the Thirteenth, Texas Chainsaw Massacre, Slenderman and Planet of the Apes.



#### **Creating My Own Path**

My name is Darragh. I am from Dublin 7. I go to TEES in Dublin. I have wanted to work in childcare pretty much all of my life. I didn't have much confidence in myself to do anything about it. I did a reading and writing course in the Blanchardstown Adult Education Centre. I then met a guidance counsellor who advised me to work in a shop. I wanted to prove him wrong. It took me a few years to build up my confidence. If I had a different mindset, I could have given up.

I decided to study Early Childhood Education Fetac level 5 in a different college. I was debating whether or not to do my Fetac level 6. I did many interviews and was unsuccessful, however I kept trying and got my Fetac level



5 in 2022 and Fetac level 6 in 2023. During this time I did many work experiences in preschool settings. I did an activity on one of my placements with an individual kid. I observed what he was interested in. I made up a creative activity that he liked that would include everyone. He liked 'under the sea'. I got a big piece of paper and all the kids painted it blue. They coloured in fish and mermaids and stuck them on together.

I like to learn about what every child needs and is interested in. Every day is different and every child is unique. I am going to look for work in Early Childhood Education in August or September.

#### Reflections and celebrations of last month's value: Creativity

#### **Creativity through Collaboration**

Having received an Arts Grant from the Offaly County Council, a group of Riverview collaborated with local artist Emma Barone to create a piece together. They created a beautiful mosaic of a tree, which is now proudly displayed in Riverview Resources. Below you can see the artists at work.



#### Conor's Creativity Brightens the Streets of Phibsborough

Conor Howe is part of Achieve day supports, which is located in the busy village of Phibsborough. Conor is a talented knitter. He knits hats and scarves. Over Christmas, Conor saw that there were festive covers on bollards along the main street in Phibsborough created by a local knitting group. This year when March came around, Conor decided he would like to get creative by knitting tri-coloured covers for the bollards to celebrate St Patricks day. In the photo you can see Conor proudly standing beside his colourful creations on the main street. No doubt he brightened up everyone's St Patrick's Day festivities in Phibsborough. Well done Conor!



#### Celebrating Diversity - an Invite to the Áras!

Recently Robert Reid from Ashbrook Day Supports was invited to Áras an Uachtaráin to meet President Michael D, Higgins and his wife Sabina for their annual Summer party. Robert had a fantastic day celebrating communities in all their diversities.



## Reflections and celebrations of last month's value: Creativity

#### Morning Affirmations in Maples: Creating a Supportive Home

In Maples House in St Louise's, we decided to celebrate this month's core value by creating our own 'positivity jar'. In the jar, we have put positive quotes and affirmations. Each morning, everyone in Maples house gathers together to pick one quote or affirmation to be our inspiration and positive message for the day.

We have put the jar at the front door so the ladies, staff and visitors can take one out when they feel they need a boost or some positivity. This month, we wanted to focus on more ways as a team we can spread creativity and wellness in our home and workplace. With our new positivity jar, we are aspiring to create a more positive atmosphere, improve self esteem and confidence, and be more creative.







#### **Creating Livestream Content with Kevin**

Kevin is from Dublin. He is a live streamer on Youtube. His channel is called @kevincollins9051. He livestreams every day he is in TOFA. When he is streaming, he talks about his favourite countries: Australia, France and Germany. He has reached out to people living in these countries to see if he can arrange a digital pen pal. Kevin does excellent accents too. When he's livestreaming, he has the chat box open to viewers. They ask him how he is, drop in to say hi, or ask him questions. Sometimes Kevin puts on funny filters, like a cat on his head, or a moustache. His long-term goal is to get 15,000 viewers on YouTube beacuse when you get that many viewers,



you get paid. Kevin has also learned how to manage trolls. Trolls are people who are mean online. His policy is to block and report these people to YouTube immediately.

Kevin has always been talented at using computers, and has his own laptop. He enjoys playing a game called Heyday, and is a valued member of the community for this game online. He has met a famous streamer who plays this game called Heyday Ricky on zoom. If you'd like to see Kevin in action, please click on his name above.

