

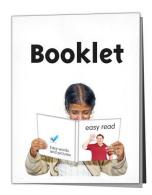
Understanding and Reporting Abuse



An Easy to Read Guide

Easy read version of internal document on safeguarding vulnerable persons at risk of abuse.

For Staff - How to use this guide:



This easy to read document can be used as a guide to help explain abuse to individuals we support in conjunction with DOCS 020 "Policy for the Protection and Welfare of Vulnerable Adults and the Management of Allegations of Abuse."

Each individual we support should be guided through this document at their own pace, and this should be documented in accordance with local guidelines.

This book acts only as a guide, and can be adapted to suit the needs of the individual. Please feel free to elaborate on the content and provide opportunities for questions and clarification.

It is advised that you read "Avista Guide to Preparing Easy to Read Information" (2014) when adapting/creating easy to read documents for individual service users.

All easy to read resources can be found in the "Easy to Read Documentation" section of Public Folders in Microsoft Outlook.

These are your rights.



You have a right to be safe.

What is Abuse?

Abuse is when someone does something wrong to you that hurts you, frightens you or makes you unhappy. (Speakup Self Advocacy, 2009)



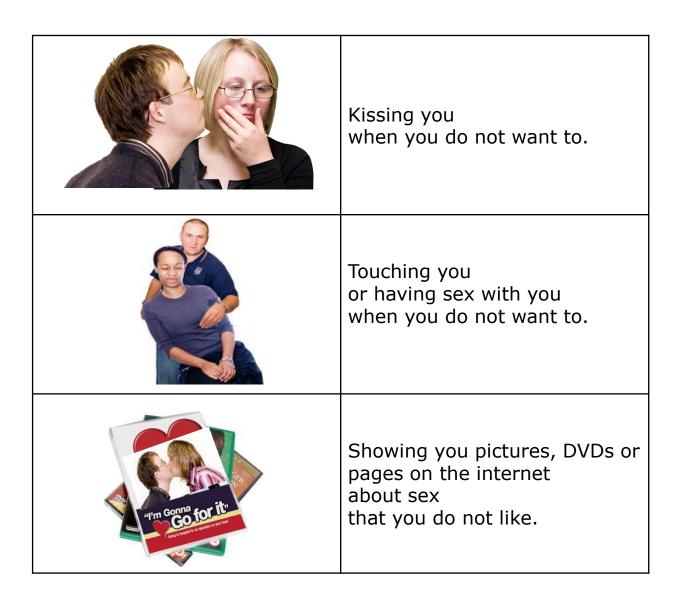
Physical abuse is when someone hurts you on purpose.

This could be:

Bua	Kicking
	Hitting / Shaking / Slapping / Scratching
	Biting

Pulling your hair
Pushing you
Burning you
Not giving you your medication or giving you too much medication.

Sexual abuse is when someone touches your body or private parts or makes you touch their body or private parts when you do not want to. This could be:



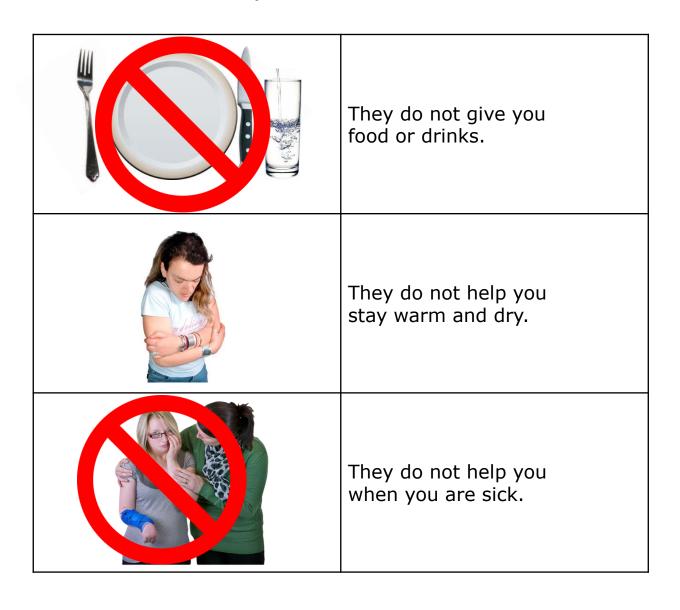
Emotional abuse is when people shout at you or say bad things that upsets you. This could be:

P*ss off SI*g F*ck Pr*ck	Calling you names / Shouting at you.
	Blaming you for something that is not your fault.
	Laughing at you.
	Not listening to you or leaving you out.

Financial abuse is when someone takes or steals money from you. This could be:



Neglect is when your support people do not look after you. This could be when:



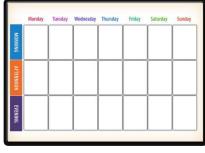
Discrimination is when people treat you differently because of:

	Your age.
	The colour of your skin.
	Your religion.
	Who your boyfriend or girlfriend is.
	The things you find hard to do such as walking, talking, understanding, seeing or hearing.
?	The language you speak.

Institutional abuse is when staff do not care for you properly or respect your rights. This can be when:



There are not enough staff or they are not trained.





When staff decide the rules and routines without talking to service users.



When you are not given choices.



When you are not able to do things in the community that you would like. **Online abuse** is when someone says bad things to you or about you on the internet. It can happen on:

Computers
I pads
Mobile phones
Social media sites

Modern Slavery and Human Trafficking is when someone gets paid money to make you do things you don't want to do, like:



Abuse is Wrong Abuse can make you feel:

	Sad
THE CL	Angry
	Scared
	Lonely

Who might abuse you?



Anyone could abuse you. It could be someone you know or a stranger.

Where can abuse happen?



Abuse can happen anywhere.

It might happen at home.



At work /day centre.



Out in the community.

Who should you tell first?

Tell someone you trust. This might be:

A friend / family member
Staff
Someone in your work place

If you tell staff they will:



If you still have a problem, you can tell:

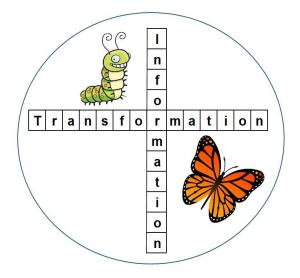


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Microsoft Clip Art



Created by Information Transformation (2016)

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